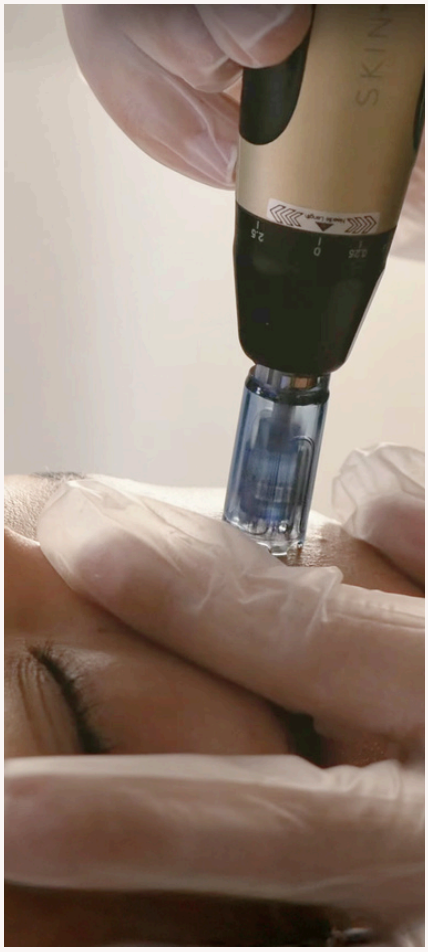
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PROCEDURE GUIDE TO

Microneedling

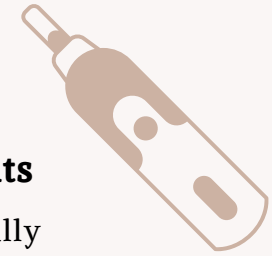






REVEALING SMOOTHER, FIRMER SKIN WITH EVERY STROKE

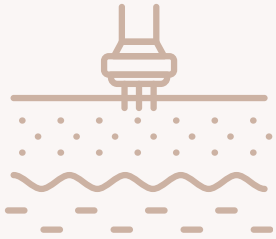
WHAT IS MICRONEEDLING?

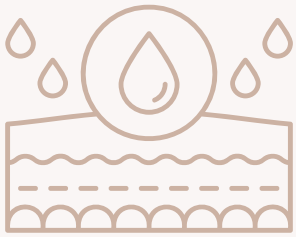


Understanding Microneedling: What It Is and Who It Benefits

Microneedling, also known as collagen induction therapy, is a minimally invasive skincare treatment designed to rejuvenate the skin. It involves the use of a device equipped with fine needles to create controlled micro-injuries on the skin's surface. These micro-injuries stimulate the skin's natural healing process, promoting the production of collagen and elastin—two essential proteins that maintain the skin's firmness and elasticity.

The procedure is typically performed by licensed professionals using devices such as microneedling pens or rollers. Advanced devices, like the SkinAct Wireless Microneedling Pen, enhance precision and customization, allowing for targeted treatments that address specific skin concerns. The treatment can be performed on the face, neck, and other areas of the body.





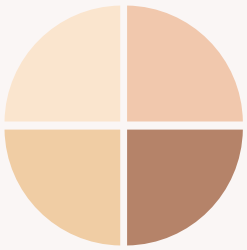
Benefits of Microneedling

1. Improves Skin Texture and Tone: By stimulating collagen production, microneedling helps to smooth uneven skin texture, reduce fine lines, and enhance overall skin tone.
2. Reduces the Appearance of Scars: Microneedling is particularly effective in diminishing the visibility of acne scars, surgical scars, and stretch marks by encouraging the skin to regenerate new tissue.
3. Minimizes Pore Size: The treatment can reduce the appearance of large pores, giving the skin a more refined look.
4. Enhances Absorption of Skincare Products: The micro-channels created during microneedling allow serums, such as peptide or brightening C serums, to penetrate deeper into the skin, maximizing their effectiveness.
5. Boosts Skin Elasticity: By promoting the synthesis of collagen and elastin, microneedling helps to firm and tighten the skin.
6. Improves Hyperpigmentation and Sun Damage: The treatment can reduce the appearance of dark spots and uneven pigmentation caused by sun exposure or aging.

WHO CAN BENEFIT FROM MICRONEEDLING?

Microneedling is suitable for a wide range of individuals, including:

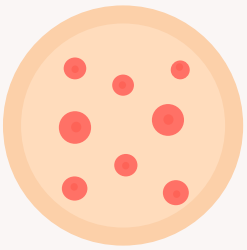
- Adults Seeking Anti-Aging Solutions: Those looking to reduce wrinkles, fine lines, and sagging skin.
- Individuals with Acne Scars or Stretch Marks: The procedure effectively addresses various types of scars by promoting skin regeneration.
- People with Hyperpigmentation: Microneedling helps fade discoloration and even out skin tone.
- Those with Enlarged Pores: It refines the skin's texture, creating a smoother appearance.
- Anyone Seeking a General Skin Refresh: Even without specific skin concerns, microneedling can rejuvenate and enhance overall skin health.



HYPERPIGMENTATION



WRINKLES



ACNE SCARS

Who Should Avoid Microneedling?

While microneedling is generally safe, certain individuals should avoid it, such as those with active skin infections, severe acne, or certain medical conditions affecting the skin. Consulting with a licensed professional is essential to determine if microneedling is right for you.
In summary, microneedling is a versatile and effective treatment for a variety of skin concerns, offering benefits that range from scar reduction to enhanced skin elasticity. Whether you're addressing specific issues or simply seeking to rejuvenate your skin, microneedling is a transformative solution embraced by skincare professionals and enthusiasts alike.

HOW TO PREPARE THE SKIN FOR MICRONEEDLING PEN TREATMENTS



Proper preparation is key to ensuring a safe and effective microneedling treatment. Follow these steps to get your skin ready:

1. Consult with a Professional: Before your session, discuss your medical history, skin concerns, and any medications or skincare products you're using with a licensed professional.
2. Avoid Sun Exposure: Stay out of direct sunlight and avoid tanning beds for at least 24–48 hours before the procedure to minimize the risk of irritation.
3. Pause Certain Skincare Products: Discontinue the use of retinoids, exfoliants, or active ingredients such as AHAs, BHAs, and vitamin C serums 3–5 days prior to treatment to prevent skin sensitivity.
4. Stay Hydrated: Drink plenty of water in the days leading up to your appointment to ensure your skin is well-hydrated and in optimal condition.
5. Avoid Blood-Thinning Medications: If possible, and under the guidance of your healthcare provider, avoid medications like aspirin or ibuprofen to reduce the risk of bruising.
6. Cleanse Thoroughly: On the day of your treatment, cleanse your face with a gentle, non-irritating cleanser to remove any makeup, oils, or impurities.
7. Avoid Other Skin Treatments: Do not schedule any other facial treatments, such as chemical peels or laser therapies, for at least two weeks before your microneedling session.
8. Stop Hair Removal Treatments: Avoid waxing, threading, or laser hair removal on the treatment area for at least a week before the procedure.
9. Keep Your Skin Barrier Healthy: Focus on gentle, nourishing skincare in the days leading up to your appointment to maintain a balanced skin barrier.

By following these steps, you can maximize the results of your microneedling treatment while minimizing the risk of complications. Always adhere to the guidance provided by your skincare professional for the best outcomes.

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PRO MICRONEEDLING PEN WITH EMS & BLUE LIGHT



Available Needles:

- Nano-Pin
- 14-Pin
- 25-Pin

EMS

EMS skincare tones, lifts, and rejuvenates skin using electrical muscle stimulation.

Blue Light Therapy

Targets acne by killing bacteria and reducing inflammation.





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HOW TO PERFORM MICRONEEDLING PEN TREATMENTS ON A CLIENT

(PART ONE)

Performing microneedling requires precision, care, and adherence to best practices to ensure client safety and optimal results. Here's a step-by-step guide:

- **Prepare the Client's Skin:** Begin by thoroughly cleansing the client's skin with a gentle cleanser to remove makeup, dirt, and oils. Use an antiseptic or alcohol-based solution to sanitize the treatment area.

- **Apply a Numbing Cream:** For client comfort, apply a topical anesthetic to the skin and allow it to take effect for 20–30 minutes. Wipe it off completely before proceeding.

- **Select the Appropriate Needle Depth:** Adjust the microneedling pen based on the treatment area:
  - Forehead: 0.5–1.0 mm
  - Cheeks and Chin: 1.0–1.5 mm
  - Nose: 1.0 mm
  - Neck: 0.5–1.0 mm
  - Scars or Stretch Marks: 2.0–2.5 mm

- **Use a Suitable Serum:** Apply a hydrating and reparative serum, such as a hyaluronic acid or peptide serum, to provide lubrication and enhance results. Reapply as needed throughout the procedure.



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- **Perform the Treatment:** Hold the microneedling pen perpendicular to the skin and move it in a systematic pattern—horizontal, vertical, and diagonal strokes—covering the entire treatment area. Maintain consistent pressure and avoid treating the same spot excessively.

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WIRELESS MICRONEEDLING PEN



Available Needles:

- Round Nano-Pin
- 18-Pin
- 24-Pin
- 36-Pin
- 42-Pin

0.5mm - 2.5mm
(Needle Length)

6 Speeds







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HOW TO PERFORM MICRONEEDLING PEN TREATMENTS ON A CLIENT

(PART TWO)

- **Monitor Skin Response:** Observe for erythema (redness), which indicates effective stimulation. Adjust technique if pinpoint bleeding occurs, ensuring it remains within normal limits.

- **Post-Treatment Application:** After completing the procedure, apply a soothing and hydrating mask or serum to calm the skin. Finish with a broad-spectrum SPF to protect the skin from UV exposure.

- **Provide Aftercare Instructions:** Advise the client to avoid direct sun exposure, heavy makeup, and active skincare ingredients (e.g., retinoids) for 48 hours. Recommend gentle cleansers and nourishing serums to support healing.



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USDA ORGANIC ROSE ARGAN OIL

The frequency of microneedling treatments depends on the individual's skin type and the depth of the treatment. Here are some general guidelines:

- **For Shallow Treatments (e.g., at-home pens with shorter needles):**
  - Frequency: Every 4 to 6 weeks.
  - These treatments primarily focus on improving skin texture, reducing fine lines, and enhancing overall radiance. The skin needs time to heal, so spacing out treatments is crucial.

- **For Deeper Treatments (e.g., professional microneedling with longer needles):**
  - Frequency: Every 6 to 8 weeks.
  - Deeper microneedling is typically used to treat more significant skin concerns like acne scars, deeper wrinkles, or hyperpigmentation. The longer needles penetrate the skin more deeply, so the skin requires more time to recover.

- **For Maintenance Treatments:**
  - Once you've achieved the desired results, a maintenance treatment every 3 to 6 months is recommended to keep the skin rejuvenated.

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WATCH OUR STEP-BY-STEP

Microneedling Facial

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*This facial treatment procedure guide is intended for use by licensed skincare professionals only. It is not a substitute for professional training or medical advice. Ensure all treatments are appropriate for the client's skin type and condition. The manufacturer is not responsible for any adverse effects resulting from the use of this equipment. Always follow all safety and aftercare instructions.