SKIN+ACT



Procedure Guide

High Frequency

What is High Frequency?



High-frequency facial treatment is a non-invasive skincare procedure that uses a mild electrical current to stimulate the skin. The current passes through a glass electrode filled with gas (either argon or neon) to produce a gentle tingling sensation as it delivers energy to the skin.

Benefits of High-Frequency Facial Treatments:

- **Acne Reduction:** The electrical current kills acne-causing bacteria and reduces inflammation, making it an effective treatment for breakouts.
- **Increased Collagen Production:** High-frequency stimulates the skin, promoting collagen and elastin production, which helps reduce fine lines and wrinkles.
- **Improved Circulation:** It enhances blood circulation, which promotes healthier, more oxygenated skin cells.
- **Pore Tightening:** High-frequency treatments help reduce the size of pores, leading to smoother and more even-toned skin.
- **Skin Rejuvenation:** Regular treatments can brighten dull, tired-looking skin by encouraging skin cell renewal.
- **Oil Control:** It can help regulate sebum production, which reduces the likelihood of oily skin and clogged pores.
- **Healing and Detoxifying:** The treatment accelerates the healing process of minor skin imperfections and detoxifies the skin by drawing out toxins.

Who Benefits from High-Frequency Facial Treatments?

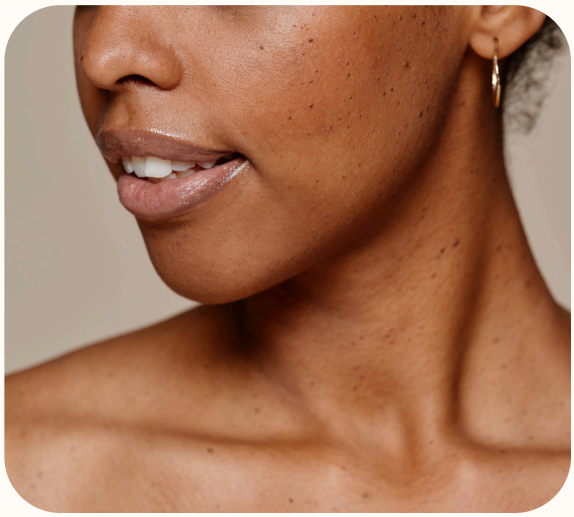
- **Acne-Prone Skin:** Those dealing with breakouts and acne scars benefit from its antibacterial properties.
- **Aging Skin:** Individuals looking to reduce fine lines, wrinkles, and sagging skin benefit from its collagen-boosting effects.
- **Oily Skin:** People with oily or combination skin can benefit from the treatment's ability to regulate oil production.
- **Dull Skin:** Anyone experiencing dullness or uneven skin tone will find this treatment rejuvenating and brightening.
- **Sensitive or Redness-Prone Skin:** High-frequency can be adjusted to treat sensitive skin by reducing inflammation and soothing redness.

Utilize Skincare Products with High Frequency



SkinAct is your go-to brand for top-notch skincare equipment and products, trusted by professionals. We pride ourselves on delivering innovative technology and high-quality formulations that cater to all your skincare needs. At SkinAct, we're dedicated to helping you achieve the best results with our reliable and effective solutions, ensuring your clients leave with healthy, beautiful skin. Join the SkinAct family and experience the difference!

Preparation



1. Consultation and Skin Analysis

- Conduct a thorough consultation to understand the client's skin type, concerns, and medical history.
- Perform a skin analysis to identify specific areas needing attention and determine the suitability of high-frequency treatment.



2. Cleanse the Skin

- Use a gentle, non-abrasive cleanser to remove dirt, oil, and makeup.
- Rinse thoroughly with lukewarm water and pat dry with a clean towel.

3. Exfoliate

- Gently exfoliate the skin to remove dead skin cells and enhance the effectiveness of the high-frequency treatment.
- Use a mild exfoliating scrub or a chemical exfoliant suitable for the client's skin type.

4. Apply Antiseptic/Water-Based Toner or Thin Face Gauze

- Apply an antiseptic toner to the skin to ensure it is clean and free from bacteria or water-based toner; this will help make client's face smoother for the glass tube.
- Another method is using a thin face gauze.

Preparation Products



SKINACT PUREBIOTIC
SKIN REFINEMENT
CLEANSER

SHOP NOW



SKINACT LUMINOUS
FACIAL SCRUB

SHOP NOW



SKINACT OXYGEN ACTIVATOR
HYALURONIC ACID

SHOP NOW

Treatment Steps





1. High-Frequency Device Application

- Use a high-frequency wand with appropriate electrodes (e.g., mushroom electrode for larger areas, point electrode for spot treatments).
- Adjust the device to the appropriate frequency and intensity based on the client's skin sensitivity and needs.
- Glide the electrode gently over the skin in circular or upward strokes, focusing on areas with concerns like acne, fine lines, or dullness.
- **Pro Tip:** Touch the glass electrode with the tip of your finger before contact with client's skin to prevent shock, let go once contact client's skin.

2. Sparking (Optional)

- For treating specific blemishes, use the high-frequency wand to perform a sparking action.
- Hold the electrode slightly above the skin to create a spark gap, which can help in reducing the appearance of blemishes.

High Frequency Treatment Units



ELITE PORTABLE HIGH FREQUENCY 7 GLASS TUBES

SHOP NOW



DELUXE GALVANIC HIGH FREQUENCY TABLE TOP UNIT

SHOP NOW



QUAD 4 IN 1 STEAMER MAG LIGHT HIGH FREQUENCY AND GALVANIC MACHINE WITH AROMATHERAPY

SHOP NOW

Post-Treatment Steps

1. Apply Soothing Serum or Gel

- Use a serum or gel containing soothing ingredients like aloe vera, chamomile, or hyaluronic acid.
- This helps to calm the skin and reduce any potential irritation.



2. Moisturize

- Apply a lightweight, non-comedogenic moisturizer to lock in hydration and support skin barrier repair.
- Choose a product suitable for the client's skin type, preferably one with calming ingredients.

3. Sun Protection

- Apply a broad-spectrum sunscreen with SPF 30 or higher, especially if the treatment is done during the day.
- Educate the client on the importance of sun protection post-treatment, as the skin may be more sensitive.



Post-Treatment Products



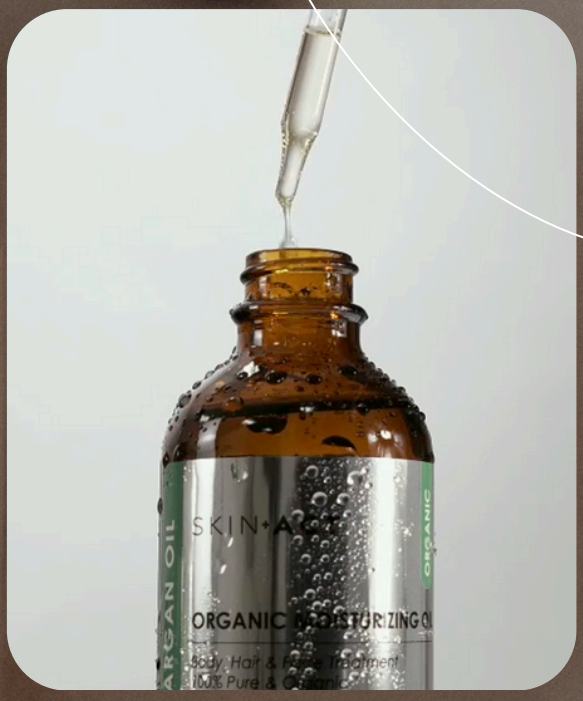
SKINACT 5 SET SERUMS

SHOP NOW



SKINACT ANTI-AGING MOISTURIZER

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SKINACT USDA ORGANIC ARGAN OIL

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Post-Treatment Care Instructions

- *Advise the client to avoid using products with strong active ingredients like retinoids, strong acids, or exfoliants for the next 24-48 hours.*
- *Recommend sticking to a gentle skincare routine to allow the skin to recover fully.*
- *Encourage the client to stay hydrated and get enough rest to support the skin's natural healing process.*



Tools & Equipment

- ***High-Frequency Wand and Electrodes***
- *Essential for the high-frequency treatment, with different electrode options for various skin concerns.*
- ***Gentle Cleanser***
- *For initial and post-treatment cleansing to keep the skin clean and free from impurities.*
- ***Exfoliator***
- *A mild exfoliating product suitable for the client's skin type to prepare the skin for the treatment.*
- ***Antiseptic / Water-Based Toner***
- *To ensure the skin is clean and free from bacteria before starting the high-frequency treatment.*
- ***Soothing Serum or Gel***
- *Post-treatment product to calm and hydrate the skin, reducing potential irritation.*
- ***Moisturizer***
- *A non-comedogenic moisturizer to lock in hydration and support skin barrier repair.*
- ***Sunscreen***
- *A broad-spectrum SPF 30 or higher to protect the skin from UV rays post-treatment.*



Visit Our Showrooms!

Los Angeles Showroom

- 9667 Canoga Ave, Chatsworth, CA 91311
- Monday to Friday
- 9:00 AM to 5:00 PM (Pacific Standard Time)

Miami Showroom

- 7045 NW 46th St, Miami, FL 33166
- Monday to Friday
- 9:00 AM to 5:00 PM (Eastern Standard Time)

1.800.418.0830
Mon-Fri 9am-5pm PST

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*This facial treatment procedure guide is intended for use by licensed skincare professionals only. It is not a substitute for professional training or medical advice. Ensure all treatments are appropriate for the client's skin type and condition. The manufacturer is not responsible for any adverse effects resulting from the use of this equipment. Always follow all safety and aftercare instructions.